



October 2014

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
			1 World Vegetarian Day	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22 National Nut Day	23	24	25
26	27	28	29	30	31 Halloween	

notes

Clarabelle is enjoying a tasty carrot treat.

Budgie Fact: Parakeets love fresh fruits and vegetables, and they are essential to a healthy diet.

Budgie Caring Tip: Feed your budgie fresh fruits and vegetables every 2-3 days.